



GORGEOUS SAFARIS

Vietnam — Sample Itinerary

13th – 20th September and 25th October – 1st November 2009

Day 1 – Sunday

10.15 or 11.35am daylight saving time

Depart Sydney Airport for direct flight to Ho Chi Minh City. You will need to be at the airport at least 2 hours before departure. (approx flying time: 8 hours) If travelling from interstate please allow time to transfer from the domestic to international terminal.

Arrive Ho Chi Minh City. Transfer for flight to Danang (depart approx. 8.00pm, arrive 9.10pm)

Arrive Danang - pick up by hotel bus and travel to beautiful Life Resort on the river at Hoi An (5 minutes walk from town). Refresh with a welcome drink, read your program of beauty/body treatments and check into room. You can top up with a complimentary fruit basket in your room, order room service or dinner in Life Resort cafe. We think a shower and bed is the best thing after all that travelling.

Day 2 – Monday

6.30-10.00am Breakfast is available in a pretty open-air restaurant high among the palm trees and overlooking the river. One of the loveliest breakfast spreads of Western style and Vietnamese – including pho.

Your day will be a busy whirl of beauty and body treatments, fittings with the tailor and shopping for beautiful linen, ceramics, silk lanterns, shoes, jewellery etc....

12.00-2.00pm A light spa lunch can be taken at your leisure. Take some time to laze the beautiful pool or in an armchair by the river

5.30pm Tonight we go to a special Simple Vietnamese Dishes class by the legendary Ms Vy at her restaurant, The Cargo Club. Ms Vy gives you the cultural background to Vietnamese eating and will demonstrate deliciously easy recipes you can make at home

Day 3 – Tuesday

6.30am-10am Buffet breakfast

Beauty makeovers/spa treatments throughout the day or shopping and fittings.

12.00-2.00pm A light spa lunch can be taken at your leisure.

Late afternoon Leave from reception to travel a short way out of town to the elegant and contemporary Red Bridge Restaurant. A picturesque journey where you can watch Vietnamese life waft by – tropical gardens and small duck farms, people fishing and little huts. If it's light enough we go via boat otherwise by minibus.

Day 4 – Wednesday

6.30 – 9.00am Buffet Breakfast

Depart for Quy Nhon This morning we'll board a comfortable bus for our journey to the beautiful Life Resort in Quy Nhon. This will be a great way to see some of the amazing Vietnamese

countryside. Joining us will be members of the spa staff from Life Resort Hoi An who will provide massages and pampering to ease you through the trip. We'll stop for a picnic lunch along the way, arriving at Quy Nhon mid afternoon.

Life Resort at Quy Nhon is one of the most beautiful places in Vietnam. This beach resort is completely secluded from civilisation with only an authentic fishing village and the rolling surf to distract you. You will have a large, comfortable ocean view room and access to all resort facilities – yoga and Thai Chi classes are held on the beach every morning, basket boating any time or grab an art bucket for some creative time.

The spa complex is set amongst gardens overlooking the sea. Massages are in pavilions set high above the water, there's a spa pool with water that gushes into it from a mountain stream, a series of lovely rooms where all sorts of treatments are available...and all with the sound of rustling palm trees and the waves. Until you've tried a 4 handed massage - you've never really relaxed. It's simply heaven!

Mid afternoon Check in at the Life Resort Quy Nhon with welcome drink, have an introduction to the spa facilities and enjoy a head and neck massage to relax you after travelling.

Each person has a schedule of beauty and body treatments, which may include the following:

- Dry Sand and Salt therapy
- Life Shower treatment
- Body scrub on the neck, shoulder and back
- 4 hands energizing full body massage
- Stress relieving Scalp Massage

(Additional treatments can be purchased). You can also take a rainfall shower, lemongrass steam bath or dry sand and salt therapy (buried in warm sand) any time.

7.00 pm Poolside dinner at Life Resort Quy Nhon

Day 5 – Thursday

Till 10.00am Buffet breakfast

Time to enjoy – Thai Chi, yoga, treatments, swimming or lazing

12.00-2.00pm Spa lunch served at your leisure in the restaurant.

Continue with lazing, treatments and consultations with stylist.

6.30pm Tonight we will enjoy a special dinner at the resort.

Day 6 – Friday

Till 10.00 am Buffet Breakfast

Free time to enjoy – Thai Chi, yoga, your spa schedule, swimming or lazing

12-2.00pm Collect your picnic lunch and enjoy it anywhere in the resort.

Continue with lazing, treatments and consultations with stylist.

6.30pm Cocktails by the pool and a show and tell session where we display all our shopping goodies – tailored clothes, shoes etc...so much fun to see what everyone else has bought! Then we take a stroll down to the beach where the most magnificent banquet awaits us. (weather permitting)

Day 7 – Saturday

till 10.00am Buffet Breakfast

Final massage and some time to laze by pool, walk on the beach, have extra treatments (at your expense) swim and pack up and collect your packed lunch.

Depart for Phu Cat Airport on Vietnam airlines flight to Ho Chi Minh City. Connect with overnight flight to Sydney.

Day 8 – Sunday

8.30am approx Arrive back in Sydney (9.30am arrival if daylight savings)

Please note that times (apart from flight times) as detailed above are to give an idea only.

Costs: \$3995.00 - Includes: Accommodation, economy class airfares on Vietnam Airlines-Sydney to Ho Chi Minh City, airport taxes and government charges, internal flights to Danang, Quy Nhon and Ho Chi Minh City. All transfers, all lunches, most dinners and all treatments at both resorts. **Note:** An upgrade to Business Class airfare is available for an additional cost (approx \$1400 return). Please advise when booking. No single supplement applicable.

Excludes: Visa (\$70) and Insurance (\$90 approx.) (we can arrange both), Beverages, gratuities and dinner in Hoi An (around Aus \$35 each).

Bookings and Information:

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Terms and conditions:

Deposit and Payment: A non-refundable deposit of \$450 per person is required at time of booking in order to secure your reservation. **Final payment is due 60 days prior to departure date.**

Special Requirements: Please advise Gourmet Safaris of any special requirements such as Special Meals, Medical Requirements etc., as soon as possible. If you get motion sickness it is imperative that you bring with you motion sickness pills as we have two internal flights and travel by boat in Hoi An.

Travel Insurance: We strongly recommend you purchase a comprehensive travel insurance policy of your choice at the time of booking. Insurance covers cancellation fees payable for airline tickets, accommodation, loss of deposit, luggage etc. Normal travel insurance conditions apply. (Insurance may not cover trip cancellation due to pre-existing medical conditions). Please read your policy carefully.

Cancellation: If cancelling prior to final payment the deposit is non-refundable. After final payment is received a cancellation fee of approximately 75% applies. This percentage may be less depending on the date of cancellation. A cancellation fee of 100% is applicable within 14 days of travel. If cancellation is not due to pre-existing illnesses, travel insurance will cover most or all of the cancellation fee. Please read your policy carefully.

Pricing: All prices are shown in Australian dollars and are current at the date of printing this itinerary. If there is a dramatic fluctuation in the exchange rate or the price of services provided, which are beyond the control of Gourmet Safaris, Gourmet Safaris reserves the right to adjust tour prices accordingly, even though the balance of payment may have been made. This would only happen in unusual circumstances.

Exclusions: Visa, Insurance, Excess baggage, extra meals, laundry, drinks, items of a personal nature and tips.

Itinerary Validity and Content: This itinerary is **valid for the period of 2009** only, unless otherwise specified. Every effort has been made to ensure accuracy. Gourmet Safaris shall not be liable for any injury, damage or loss caused by any inaccuracy. Gourmet Safaris reserves the right to change tour arrangements or accommodations due to safety or security reasons, and will endeavour to provide alternative arrangements of the same standard as that originally booked.

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Clients' Responsibilities: It is your responsibility to obtain passports, health certificates or other travel documents where required for the tour. It remains your responsibility to ensure that these documents are in order and to meet any additional costs incurred as a result of failure to comply with such requirements. It is also your responsibility to obtain any vaccinations that may be required to travel.