



GOURMET SAFARIS PROGRAM FEBRUARY - JULY 2010

New Safaris

- Spice Safari on Wheels
- European on Wheels
- Japanese lunch
- Peruvian Seafood lunch

Favourites to continue

- Walking tours of Little Italy in Haberfield
- Little Turkey in Auburn
- Little Portugal in Petersham
- Greek Safari in Marrickville
- Vietnamese Walking tour in Cabramatta
- World in a Day safaris

And let us lead you astray on

- Our safari to **Vietnam in March 2010**. Travel from north to south in this beautiful country, sample the delicious cuisine, sail on the waters of Halong Bay and much more
- **Gorgeous Safaris** – Indulgent spa escapes to beautiful exotic resorts in Vietnam in **March & April 2010** and **NEW!** Gorgeous safari to **Broome** in **2010**
- **Gourmet Safaris – Italian Safari** to the High Country in Victoria & Melbourne in March 2010
- Our **Greek Island mid September 2010** - go off the tourist trail and discover the hidden Greece. Stay in boutique accommodation, visit colourful markets, stroll through olive groves and go sailing around stunning Santorini. Discover this warm and welcoming country.
- Our **Margaret River safari in April 2010** or our **Kangaroo Island** safari in **November**.



Gift Vouchers available

For more information, bookings or to purchase a gift certificate
Ph: 02 9960 5675 Mon – Fri, or
www.gourmetsafaris.com.au

Sydney Safaris

Lebanese – Walking Tour of

Punchbowl - We're joined by fabulous Lebanese homecook Judy Saba to explore some of the most delicious Lebanese food and ingredients in Punchbowl. Discover amazing sweets palaces, pizzas made with fragrant zaatar - the spice mix of sumac, sesame seeds and dried oregano, spice filled supermarkets with great finds...Have a banquet lunch and finish with delicious sweets.

Start 10.00am – 3.00pm - \$95

Saturday: 27th February, 27th March, 24th April, 29th May & 26th June

Italian - Walking Tour in

Haberfield - Visit delis full of beautiful olives, cheeses, small-goods, oils, pasta and sauces, bakeries famous for bread, fresh pasta makers, expert cheese makers, some of the best Italian fruit and vegetables - all at friendly family-run businesses. Indulge in some great homemade pasta, wood-fired pizza & salads followed by a visit to a beautiful pasticceria & bottle shop.

Start 10am – 3pm - \$100

Saturday 13th & 27th February

Saturday 13th & 27th March

Saturday 10th & 24th April

Saturday 8th & 22nd May

Saturday 12th & 26th June

Saturday 10th & 24th July

Greek - Walking Tour of

Marrickville - Start with a Greek coffee and some wonderful freshly baked biscuits and pastries from one of the best bakers in Sydney. This is a find tucked away in Marrickville. Then we drive to colourful bustling Illawarra Road to visit a number of family owned Greek businesses including a butcher with some of the best lamb and louganika (Greek sausages), taste and learn about the range of olives and fetta cheese, discover the best Greek bread shop in town and pop in to a spice merchants and deli before settling into traditional banquet style lunch at our favourite Greek restaurant.

Start 10.30am – 3pm - \$100

Saturday: 20th February, 6th & 20th

March, 17th April, 1st May, 5th June, 3rd July

Turkish - Walking tour of Auburn

Start with a Turkish coffee in a beautiful Aladdin's cave of a café and learn about Turkish food and ingredients then discover some of the riches of this vibrant suburb - emporiums filled with spices and delicacies and implements including

pretty tea glasses for Turkish apple tea, Real Turkish Delight, great bakeries and butchers, followed by a generous lunch and a visit to the inspiring Gallipoli mosque.

Start 10.00am – 3.30pm - \$100

Saturday: 20th February, 6th March, 17th April, 1st & 15th May, 12th June, 10th July

Vietnamese – Walking Tour of

Cabramatta - Start with tea and Vietnamese sweets and then learn about the various ingredients and the many herbs used in the cuisine. Then have a guided walk through colourful and vibrant central Cabramatta and explore the shops before settling in to a light lunch at one of the top Vietnamese restaurants.

Start 11.00am – 3.30pm - \$100

Sunday: 21st February, 14th March, 11th April, 2nd & 30th May, 27th June, 11th & 25th July

Portuguese - Walking Tour of

Petersham - Start with a coffee and an explanation of Portuguese cuisine from one of its founders in Sydney, Fatima Barroso. Then visit the home of the best custard tarts in Sydney, sample smoked chourico sausage, flattened chicken with peri peri sauce and visit a well-stocked deli and the local wine store, which stocks a large range of wines and ports from Portugal and finish with a banquet lunch.

Start 9.45am – 2.30pm - \$100

Sunday: 14th February, 28th March, 18th April, 16th May, 20th June, 18th July

Pizza Making Class – Ever wanted to make beautiful traditional pizza at home? It's easy with the right recipe and technique...learn the secrets of perfect home-cooked pizza in this fun 90 minute class in one of the temples of great pizza, Napoli in Bocca Restaurant in Haberfield. Hands on class, recipes, plus your own pizza to take home.

Start 10am - \$85

Saturday: 6th February, 17th April, 29th May & 3rd July

New! World in a Day – Europe

on Wheels - Climb aboard a comfortable bus and have someone else drive us to some of the hidden European finds in Sydney. Discover some of the great sources of strudel and sauerkraut, kugelhoph and kransky, along with great breads, chocolates, endless delights from Croatia to Germany, and beyond.

Start 8.30am – 4.30pm - \$120

Saturday: 10th April, 15th May, 5th June & 17th July

New! World in a Day – Spice

Safari on Wheels - Join us on an adventure into some of the best spice emporiums of Sydney, fragrant with cinnamon, cumin, saffron, cardamom and curry leaves. Learn how to use spices in some simple achievable recipes across a range of cuisines and enjoy a glorious lunch with a glass of wine and cooking demonstration. This safari features cuisines as diverse as Persian, Lebanese, Turkish, Indian and Sri Lankan. Includes tea, tastings and lunch. **Start 8.30am – 4.30pm - \$120**
Saturday: 13th February, 13th March, 24th April, 22nd May, 12th June & 3rd July

World in a Day – Exotic Flavours of Lebanon (formerly Middle East)

Come on board our comfortable bus and let us take you into a world of exotic spices, of meats cooked over charcoal, the freshest salads and dips and luscious desserts. We visit the best places to shop and find all the ingredients you need to make simply delicious food-immersed yourself in emporiums full of wonders, visit bakers, butchers and palaces of sweets...and learn about the food of the Middle East.

Start 8.30am – 4.30pm - \$120
Saturday: 13th February, 6th March, 10th April, 1st May, 19th June & 24th July

World in a Day – French on

Wheels - Climb aboard a comfortable bus and have someone else drive us to some of the best French finds in Sydney - discover great coffee, croissants and pastries, delicious chocolates, cheeses, pate, great cooking utensils an amazing butcher and enjoy a special two course lunch...huge fun, loads of treats and tastes and great shopping.

Start 8.30am - 5.00pm - \$135
Wednesday: 17th February, 17th March, 14th April, 12th May, 16th June & 21st July

World in a Day Safaris

Indulgence - Climb aboard a comfortable bus and let us take you to some of the best sweets places in Sydney. Try Portuguese custard tarts – pasteis de nata, Turkish delight, great chocolates, Turkish coffee and icecream plus more... loads of treats and tastes and great shopping – this is the safari for those who love their sweets. Includes a light lunch.

Start 9.30am – 4.00pm - \$120
Saturday: 6th February, 20th March (pre Easter), 29th May

World in a Day – Middle West

(MW) - Climb aboard a comfortable bus and have someone else drive us

to some of the hidden finds of Sydney - those far flung places that are hidden gems...discover a Lebanese sweets palace, Indian emporium, Maltese pastizzi maker, have a delicious lunch at an Iraqi restaurant plus more...loads of treats and tastes and great shopping.

Start 9.15am - 5.00pm - \$120
Friday: 26th February, 21st May & 2nd July

World in a Day – Inner West

Climb aboard a comfortable bus and have someone else drive us to some of our favourite places in Marrickville and Earlwood - everything from a boutique chocolate maker who also does a great coffee to a beautiful Moroccan emporium for a mint tea. There's also a visit to one of the friendliest and best stocked Greek delis, Greek olive bread to die for, souvlaki and gelato

Start 9.15am – 5.00pm - \$120
Friday 26th March & Monday 12th April

World In a Day - Italy on

Wheels - Climb aboard a comfortable bus and have someone else drive us to some of the finds of Inner West Sydney - places that are hidden gems...discover great coffee, a big deli selling beautiful prosciutto and cheeses, an Italian butcher, try some delicious Sicilian biscuits and cakes, have a light lunch of wood fired pizza with a glass of wine and end the day with a palate cleansing gelato...huge fun, loads of treats and tastes and great shopping.

Start 8.30am - 4.30pm - \$120
Saturday: 20th February, 20th March, 17th April, 15th May, 19th June, 17th & Friday 30th July

World in a Day - Mediterranean

Come aboard the Gourmet Safaris bus and be transported to our favourite Greek baker, Middle Eastern spice and nut emporium, souvlaki king, have lunch at a Mediterranean style restaurant and finish with some delicious icecream.

Start 8.30am – 4.30pm - \$120
Saturday: 6th February, 13th March, 8th & 29th May, 26th June, 10th & 31st July

Long Lunches & Brunches

New! Peruvian Brunch

Carmen and Luis' Peruvian Brunch
The Queen of Peruvian caramel, Carmen Almenara and her husband Luis, the King of Pisco (the spirit of Peru) open their beautiful home for this wonderful brunch to introduce Australia to the flavours of their beloved homeland. Expect delicious

home-cooked food you would never find in a restaurant plus some warm luscious caramel to finish off. And of course a pisco sour, made with fresh lime juice. Numbers limited.

Sunday 28th February–11am-2pm-\$80

New! Peruvian Seafood Lunch

Get ready for very proud Peruvian chef Jorge Chacon to show off what makes his homeland the wonderful culinary paradise that it is. Come and join us for a fabulous Peruvian seafood lunch featuring two types of ceviche (marinated fish), some wonderful shellfish and calamari, fish and crustaceans all combined with the fresh zing of lime and Peruvian magic. Don't miss this foray into a new world complete with cooking demonstration and warm Peruvian hospitality. Wines from Wine Selector included and a Pisco Sour to kick us off.

Sunday 7th March – 12.30pm - \$100

New! Japanese lunch Azuma

We've waited years to bring you a beautiful Japanese lunch and here it is - with the master himself - chef Kimitaka Azuma. Join us at his elegant restaurant in Chifley Square for some exceptional food, demonstrations and insights into the world of Japanese cuisine. We start with a glass of French bubbles and offer red and white wine to accompany the meal. A memorable and very special Sunday lunch.

Sunday 7th February – 12.30pm - \$100

Moroccan Long Lunch at Out of Africa in Manly

– this safari is always hugely popular, so we are again heading to Out of Africa for a fantastic long lunch. You may have seen Hassan M'souli on Food Safaris Series 1 and now you have the chance to meet him and learn the secrets of preserved lemons, how to use a tajine and couscousier, taste the fragrant traditional mint tea, have your hands painted with henna and indulge in the most delicious mix of dishes from chef Hassan and his team.

Sunday 4th July – 12.30pm - \$100

French lunches at Après

Valentine's Day lunch - This is a feel good lunch for all of us...and not just couples...come and celebrate Valentine's Day with a group of food loving people in this elegant Potts Point restaurant featuring some of the most sensuous food on the planet. Plus we have a special guest to talk about the seductive power of chocolate.

Apres Winter French banquet - We do love snuggling in from the cold and giving ourselves up to the joys of beautiful French food that's perfect

for winter. So think twice cooked goats cheese soufflé, slow braised lamb shoulder and a magnificent dessert. Both lunches start with a glass of sparkling and then enjoy wines from Wine Selector

Sunday 14th February – special Valentines Day lunch & Sunday 6th June – winter lunch 12.30pm - \$100

Thai Lunch at Spice I am

Our previous lunches have been a great success so we are again going to enter the spicy realm of top Thai chef Sujet Sangkaem, star of the Thai episode of Food Safari. Join us at his newest smartest restaurant in Darlinghurst to learn some of the secrets of cooking delicious Thai food at home then indulge in a banquet lunch to really get your taste buds dancing. Demonstrations, lunch and wine included.

Saturday 27th February – 11.30am - \$100

Chilli Crab lunch at Ginger & Spice

Join the star of Food Safari's Singaporean episode Alex Lee in his restaurant Ginger and Spice for some beautifully spicy dishes to start and work up to the wonderful hands on chilli crab! We start the day with a glass of bubbles. Delicious fun! Great wines along the way matched by Wine Selectors

Saturday 13th March – 12pm - \$100

Australian Safaris

New! Italian Safari, High Country, Victoria

23rd – 28th March 2010

Come and spend a week with us to explore the warm welcoming world of the fabulous new television series Italian Food Safari. We journey into Victoria's beautiful High Country at the perfect time of year – autumn harvest time as the trees turn to burnished orange and grapes are picked, chestnuts come into season and families are ready to kiss us on both cheeks and serve up a feast. We visit Italian owned wineries, restaurants and food producers. Come and sit at the ultimate al fresco lunch with some of the best wine Australia produces; have dinner at a 2 hat country restaurant, make your own pasta at a lovely new cooking school. Our grand finale is with Italian cooking legend Guy Grossi who will prepare a special dinner for us with matched wines at the very upmarket Grossi Florentino restaurant. Meet in Melbourne on the evening of Monday 22nd March for 6 day safari. Please note spaces are

limited on this safari. We will also have 16 spaces for dinner on Saturday 27th March at Grossi Florentino restaurant and farewell event on Sunday 28th. Please send us your expression of interest for this exceptional new safari. Detailed itinerary and costing to follow.

Margaret River

19th – 24th April 2010

Come and join us on our popular Margaret River safari as we visit this magical place with its powdery white sand beaches, exquisite wines and wonderful produce. You'll stay in **5 star luxury resort accommodation** at Quay West **Bunker Bay**, eat and drink at some of the top wineries of the region, go exploring with top local chef Don Hancey plus lots more. **Land content only twin share \$2695.00 per person (plus single supplement).**

New! – Broome Gorgeous Safari mid June 2010

All the girls who return home after our Gorgeous Safari in Vietnam are golden and glowing and have clamoured for more destinations and as luck would have it, fate has brought us an opportunity to escape the chills of winter in one of my favourite places on earth...frangipani scented Broome, with its turquoise water and long beaches, beautiful surrounding wild country and town with its many galleries and pearl shops. There is nothing better than being on Cable Beach late afternoon to watch the sun set over the water. We include many special things on this safari - we stay at new boutique accommodation owned by Marilyn Paspaley who will show us some of her secret finds - and as a member of the famous pearling family, will arrange a private showing at the oh-so-tempting Paspaley showrooms. Plus of course spa treatments, wonderful food and fun experiences. How does a week of that sound? Let us know if you are interested. For Sydney and Melbourne dwellers we can fly direct with Qantas – tho please note these flights book early. Detailed itinerary and costing to come.

International Safaris

Vietnam – Gorgeous Safaris

14th – 21st March - A perfect week in the most beautiful place on earth - come and unwind at two exceptional 5 star resorts in magical parts of Vietnam. In a single perfect week you can relax and be pampered with massages, facials and body treatments, have clothes made in the finest silks, be made over by top makeup stylist, and enjoy a cooking

class. Eat some delicious Vietnamese dishes and of course Shop!! Give yourself a present with this jewel of a trip - you deserve it!

1 week includes airfare, luxury accommodation, meals, transfers & treatments-\$3995 / Land only \$2695

Vietnam – Gourmet Safari

21st – 31st March 2010

Explore the most seductive country on earth, travelling top to bottom, visiting colourful markets with cooking classes in north, central and south Vietnam. Eat at the finest restaurants and with the locals including a very special day spent with a family in the Mekong Delta. Sail on Halong Bay, buy beautiful ceramics and silks and enjoy some lazy time too. **Includes:** airfare, **accommodation in 4 ½ - 5 star** hotels, most meals, transfers, Vietnam visa, travel insurance & taxes – **10 days - \$4850.00 plus single supplement.**

Greek Islands

Mid September 2010

Join us to escape the tourist trail as we visit 4 very different islands - spend time in a mountain village full of the sounds of church bells, walk through pine forests, learn to cook some simple Greek dishes, relax in hot springs, have lunch at a huge private estate, explore the secret coves and beaches, sip cocktails at sunset in our 5 star Santorini clifftop accommodation, laze on the deck of a luxury yacht, enjoy some shopping and loads of sunshine and the occasional siesta

Land content... \$7495 twin share (plus single supplement.) Includes transfers, accommodation, internal flights and meals.

All safaris are led by experienced guides and subject to minimum numbers

To make a booking please complete this form and post with cheque or complete credit card details and post to:

Gourmet Safaris
P O Box 326
Mosman NSW 2088

GOURMET SAFARIS
2010 BOOKING FORM

Name _____

Address _____

Phone _____

Fax _____

Email _____

Yes, I would like my details placed on the Gourmet Safaris mailing/e-mail list (Please circle)

I would like to book the following Gourmet Safaris –

| Safari Date | Safari code | No of Guests | @ \$ pp |
|-------------|-------------|--------------|---------|
| 06.02 | IND | | |
| 06.02 | PIZ | | |
| 06.02 | WID- MED | | |
| 07.02 | JAP | | |
| 13.02 | ITA | | |
| 13.02 | WID - EFL | | |
| 14.02 | FRL | | |
| 14.02 | POR | | |
| 17.02 | FOW | | |
| 20.02 | IOW | | |
| 20.02 | TUR | | |
| 20.02 | GRK | | |
| 21.02 | VIE | | |
| 26.02 | WID - MW | | |
| 27.02 | LEB | | |
| 27.02 | ITA | | |
| 27.02 | THAI | | |
| 28.02 | PRB | | |
| 06.03 | GRK | | |
| 06.03 | WID - EFL | | |
| 06.03 | TUR | | |
| 07.03 | PRS | | |
| 13.03 | ITA | | |
| 13.03 | WID- MED | | |
| 13.03 | CCL | | |
| 13.03 | WID - SP | | |
| 14.03 | VIE | | |
| 17.03 | FOW | | |
| 20.03 | IOW | | |
| 20.03 | GRK | | |
| 20.03 | IND | | |
| 26.03 | WID – IW | | |
| 27.03 | ITA | | |
| 27.03 | LEB | | |
| 28.03 | POR | | |
| 10.04 | ITA | | |
| 10.04 | WID - EFL | | |

| | | | |
|---------------------|-----------|--|--|
| 10.04 | WID - EUR | | |
| 11.04 | VIE | | |
| 12.04 | WID - IW | | |
| 14.04 | FOW | | |
| 17.04 | GRK | | |
| 17.04 | TUR | | |
| 17.04 | IOW | | |
| 17.04 | PIZ | | |
| 18.04 | POR | | |
| 24.04 | ITA | | |
| 24.04 | LEB | | |
| 24.04 | WID – SP | | |
| 01.05 | GRK | | |
| 01.05 | TUR | | |
| 01.05 | WID - EFL | | |
| 02.05 | VIE | | |
| 08.05 | ITA | | |
| 08.05 | WID- MED | | |
| 12.05 | FOW | | |
| 15.05 | TUR | | |
| 15.05 | IOW | | |
| 15.05 | EUR | | |
| 16.05 | POR | | |
| 21.05 | WID - MW | | |
| 22.05 | ITA | | |
| 22.05 | WID – SP | | |
| 29.05 | PIZ | | |
| 29.05 | LEB | | |
| 29.05 | IND | | |
| 29.05 | WID- MED | | |
| 30.05 | VIE | | |
| 05.06 | GRK | | |
| 05.06 | WID – EUR | | |
| 06.06 | FRL | | |
| 12.06 | WID - SP | | |
| 12.06 | ITA | | |
| 12.06 | TUR | | |
| 16.06 | FOW | | |
| 19.06 | IOW | | |
| 19.06 | WID - EFL | | |
| 20.06 | POR | | |
| 26.06 | ITA | | |
| 26.06 | LEB | | |
| 26.06 | WID- MED | | |
| 27.06 | VIE | | |
| 02.07 | WID - MW | | |
| 03.07 | GRK | | |
| 03.07 | PIZ | | |
| 03.07 | WID - SP | | |
| 04.07 | MOR | | |
| 10.07 | ITA | | |
| 10.07 | WID- MED | | |
| 10.07 | TUR | | |
| 11.07 | VIE | | |
| 17.07 | IOW | | |
| 17.07 | WID – EUR | | |
| 18.07 | POR | | |
| 21.07 | FOW | | |
| 24.07 | ITA | | |
| 24.07 | WID - EFL | | |
| 25.07 | VIE | | |
| 30.07 | IOW | | |
| 31.07 | WID- MED | | |
| TOTAL AMOUNT DUE \$ | | | |

PAYMENT

Cheque enclosed or charge my –

VISA/MASTERCARD

...../...../...../.....

Expiry Date...../.....

Name_____

Signature.....