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Maeve O'Meara's life revolves around food – tasting, talking, writing, cooking, filming and simply revelling in the vast array of produce available and its many amazing incarnations. An award-winning food and cooking author, journalist, broadcaster, television producer and presenter, she draws on years of hands-on research to create this brand new classic.

FOOD SAFARI

MAEVE O'MEARA

Food Safari takes you on a culinary adventure across the world, exploring ingredients and making the exotic familiar. More than a cookbook, it's a glimpse into the kitchens of some of the most enticing cuisines, with 180 delicious recipes like spicy Gujarati Potatoes, Southern Fried Chicken, Pho, Empanadas, Haleem – king of curries – and Stone-bowl Bibimbap. And the desserts! Baklawa, Crêpes Suzette, Fig Loukoumades and many more. With stories and traditions scattered throughout, and helpful shopping and cooking tips for the home cook, *Food Safari* is an irresistible celebration of culinary culture.

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Glorious Adventures through a World of Cuisines

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